

Como Primary School- Sun Smart Sun Protection Policy

Our Commitment

Como Primary will:

- Inform parents of the sun protection policy when they enrol their child/children.
- Brief all new staff on the sun protection policy.
- Promote sun protection via newsletters, school app, assemblies, daily announcements (over speakers), whole school activities, class meetings and orientation.
- Require students to wear broad-brimmed, bucket or legionnaire hats when outside. No hat-no play.
- Students without broad-brimmed, bucket or legionnaire hats to stay in an area that is protected from the sun, undercover area or under shaded areas where appropriate.
- Encourage staff to wear broad-brimmed hats for all outdoor activities, including duty.
- Encourage parents and guests to wear broad-brimmed, legionnaire or bucket style hats when participating in outdoor school activities. Promoted through newsletter and school app.
- Require students to wear broad-brimmed, legionnaire or bucket style hats, sun protective clothing and sunscreen for all camps, sports and excursions. These items will need to be listed on the parent permission form.
- Continue to promote the school dress code of sun protective items such as shirts with collars and school hats.
- Ensure there is adequate provision of shade within the school grounds for students and staff, by planting trees and building shade structures.
- Encourage staff and students to use shaded or covered areas when outside.
- Ensure that adequate shade is provided at sporting carnivals and outdoor events.
- Timetable as many outdoor activities as possible when the UV index is below 3. On days of extreme heat or UV index higher than 6 there should be no organised sport in the sun. When this is not possible activities should be scheduled as far away from 12 noon as possible.
- Encourage the use of SPF 30 broad spectrum, water resistant sunscreen by:
 - Providing large pump sunscreen in the classroom.
 - Providing a large pump sunscreen in the undercover area for students to use before school.
- Incorporate sun protection and skin cancer awareness programs into the school, including guest speakers. Classes to do at least one sun protection lesson each year.
- Review the sun protection policy annually.

Parents/Carers will:

- Ensure your child has a broad-brimmed, legionnaire or bucket style hat.
- Ensure that your child's clothing provides adequate protection from UV radiation. The school uniform has collars and sleeves, closely woven fabric and is a natural fibre.
- Ensure that your child has access to SPF 30 broad-spectrum, water resistant sunscreen before leaving for school.
- Act as a positive role model by practising sun smart behaviour.
- Support the school's sun protection policy, and help design and regularly update the policy.

Students will:

- Be aware of the policy
- Take responsibility for their health by being Sun Smart.
- Wear suitable Sun Smart hats and clothing according to our policy.
- Be encouraged to apply SPF 30 sunscreen before going outdoors.
- Use shaded or covered areas outdoors when possible (especially if the UV index is higher than 6.
- Participate in Sun Smart education programs.
- Make posters to promote Sun Smart education.