



COMO PRIMARY SCHOOL

Principal: Mr A. Malcolm

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<http://comoprimaryschool.wa.edu.au/>

Newsletter No. 3 – 16th February 2017

Dear Parents

Parents and Citizens Association (P & C)

The Como Primary School P&C are a dedicated group of parents who work hard in supporting all students at Como PS. Unfortunately a lot of P&C work regularly falls to only a few individuals, year in and year out. **The P & C needs your help.** You can get involved by attending meetings. You will not be forced to take on any tasks if you do not wish to. Your attendance at meetings is a great way to start. Watch the newsletter for upcoming meeting dates.

Voluntary Contributions K - 6

Thank you, to those parents who have already made their voluntary contribution. Your money is being put to valuable use to enhance your child's education. We need all families to contribute if we are to purchase all the necessary educational aids and equipment we had planned to place in our school this year. Please pay your voluntary contribution to the class teacher. The contribution for each child is \$80.00. Thank you.

Congratulations Captains and Vice Captains

The Western Australian Electoral Commission ran our election for House Captains and Vice Captains on 3rd February. Only Year 4 - 6 students were eligible to vote. The results were announced at our assembly last



week.

House	Captains	Vice Captains
Canning	Damon C & Kaitlyn E	Miles M & Nisa A
Challenger	Leonard K & Stella H	Matthew B & Lucy L
Forrest	Finley M & Aleya O	Christopher C & Amber A
Stirling	Nicholas Y & Tanith E	Jacob T & Hannah S

Student Safety

The "Kiss and Drive" zone in Coode Street is a safe and efficient system for dropping off and collecting children when parents use it correctly. There are some simple rules to make it work for everyone:

- Stay in the car.
- Don't park and walk away from your car
- Stop only long enough for children to exit the vehicle or get in safely.
- Don't double Park and don't let your child walk between other cars.
- Keep traffic flowing
- Do not drop off or pick up students on Labouchere, Alston Roads or Thelma Street.
- Use the turnaround at the end of Coode Street.
- Don't use driveways or execute a 3 point turn to turn around.
- And please do not use the Staff car park in Labouchere Road to park or drop off children.

Assembly

Tomorrow's assembly will again be a Prefect/Admin assembly. Next week's assembly will be presented by the students from Room 6, Year 2. PMP, Technology, Photography, Library and Music Captains will be announced at next week's assembly.

Student Achievement

Congratulations to Isabella L from Room 9 who came 2nd in the Girls 8 and under division in US Kids Golf Australian Open in Sydney over the January holidays. Well done, Isabella!

House Points Tally

Stirling	14
Canning	12
Forrest	11
Challenger	10

The Virtues Friendliness

What is Friendliness?

Friendliness is being a friend. It is taking an interest in other people. It is going out of your way to make others feel welcome or to make a stranger feel at home. When you are friendly, you happily share your belongings, time, ideas and feelings. You share the good times and the bad times together.

Waste Wise Tuesdays

To reduce waste at lunch and recess from individually wrapped items such as yogurt, muesli bars, chips and plastic wrappers, and help our environment we will continue to have our **Waste Wise Tuesday** program, each week, beginning next Tuesday. Please try to only pack "nude food" for your child on Tuesdays. That means food in their lunch box without extra wrappings. The typical homemade waste wise lunch is packed in a lunch box or bag. The food is put in a re-useable container rather than wrapped in disposable packaging. A drink is in a refillable bottle. All containers are resealable, so leftover food and drink can be saved for later. Food scraps such as apple cores and crumbs will be placed in 4 set buckets in the centre of our Under Cover Area. These scraps will then be put into our compost bin for use later in our gardens. Our regular bins will not be put out on Tuesday so if students do bring food with a wrapper they are take it home in their lunch box. Ideally we would encourage everyone to reduce waste when eating at school every day of the week. The intention is to reduce the amount of waste we would normally throw away, and to look for alternative packaging for our food. **Help look after our planet: Reduce waste!!**

Battery Recycling

Room 5 will once again be running the battery recycling at our school. Batteries are a very common and dangerous waste product from our homes. Please bring any of your dead household batteries to school for safe recycling. There is a box in each classroom as well as a large bin in the office area. Help keep our environment clean and safe and let's see how many kilos we can recycle this year.

Class Meetings & Class Policies

Thank you to the parents who attended class meetings over the last three weeks. We know that parental involvement is a key factor in children's success at school and I urge all parents to keep a good line of communication with your child's teachers throughout the year. The Student Diary, email, phone calls and a "quick catch up" at the end of the day are excellent ways to touch base, but for longer discussions please make an appointment with the teacher.

Friday Sport for Years 4, 5 & 6 begins next Friday at 9.55am. We ask all children to be suitably attired in sports uniform and sports shoes to enable maximum participation. We award House Sport points for:

1	All in uniform & sun safe
2	Captain's help
3	Team Spirit
4	Sportsmanship
5	Effort & Application
6	Winners & Losers



Games to be played include cricket, volleyball, T ball and mini soccer.

Mrs Herne keeps a tally of these points each week. On Speech Night in December the 80th Anniversary Sport Shield is awarded to the winning house.

Student Homework/Diary/Organiser

This is a very important part of what we do at Como Primary in Years 1 – 6. This extract is from our school policy on use of children's Diaries:

Purpose:

- To facilitate effective and regular three way communication between parents, teachers, and students.
- To teach students organisational skills.
- Provide the opportunity for regular goal setting and review of goals.
- List reminders for special events and activities.

Requested of Children Year 1 – 6

- Outline weekly goals as appropriate.
- Record homework and entries related to special activities.
- Bring it to school every day.
- Show parents regularly.
- Show the classroom teacher in the morning if there is a message from a parent.

Requested of Parents Year 1 – 6 Children

- Purchase of the diary.
- Regularly peruse and sign weekly.
- Provide feedback as appropriate.
- Respond to teachers' messages as necessary.
- Encourage children to be conscientious in the diary's use.
- If parents have any queries re children's home work diaries these should be directed to your child's teacher.

Honour Award Certificates

We present Honour Award Certificates to children at our Friday assemblies. Again these are part of our House Reward System, and the awarding of such certificates is designed to promote individual and team effort. Each Honour Certificate is worth five house points towards that child's house. These points are tallied each week along with the House Point Card points and count towards the House term and yearly trophies. Honour Certificates are awarded for continued high quality efforts in curriculum areas and in general areas. For example:

- Excellence
- Responsibility
- Consistent application
- Creativity
- Work habits
- Attitude

It is our school policy that receiving an Honour Award Certificate is indeed an Honour and that this must be earned by the child. Most weeks only one child from each class will be presented with an Honour Certificate. During the year all children have countless opportunities to earn these awards, and some children who make an outstanding contribution may receive several. On the other hand, in each class, each year, there may be a few children who do not receive an Honour Certificate.

Managing Student Behaviour

Como Primary School has a policy for student behaviour, and we expect all children here to comply with our rules. While the main emphasis on our behaviour policy is to positively reinforce the correct behaviour and attitudes, occasionally, sanctions such as time out, in school suspensions or out of school suspensions are used. Parents should consult the school's website for a summary of this policy and if you require further explanation, please contact your child's class teachers, or refer to your copy of your child's class policy.

House Card Reward System

At Como Primary School we use a system of House Points to encourage all our students to readily participate in all school and class activities. The aims of our House Reward System are:

- To aid in the development of school spirit and school tone.
- To provide teachers with an alternative form of positive rewards.
- To provide interest throughout the school in houses (factions).

The four Houses are:

Canning	Red
Challenger	Green
Forrest	Blue
Stirling	Gold

A house competition is set up with a regularly maintained points system on a weekly basis. Points are known as house points. These points are for an overall trophy to be presented at the conclusion of each term, and at Speech Night for the winning house overall. During the week, teachers and support staff award house points cards to children for effort, application and achievement - this could be improved maths, good behaviour, etc., and they are read out at Prefect assemblies. There is a separate House Sport Shield competition, which continues throughout the year.

Points are awarded here to house teams for –

- Friday sport for years 4, 5, 6, - Terms 1, 2, 3, 4.
- Swimming Carnival – Term 1
- Cross Country Carnival – Term 2
- Athletics Carnival – Term 3

WALKING SCHOOL BUS

We have a group of amazing parent helpers leading us on the WALKING SCHOOL BUS! This Friday, please join us at the following points and paths.

Parents are able to drop their children off at the following times and intersections, and our Walking School Bus will be there to pick them up. Please make sure you can see the Walking School Bus before leaving your child at the stop****

Our parent volunteers will then walk with them to Como.

South Bound (led by Hitomi Cant and Liz Lefebvre)

We will start at 8.15am: Gardner Street + Coode Street Intersection.

The bus will leave at 8.20am: Coode Street + Comer Street Intersection.

The bus will leave at 8.25am: Coode Street + Preston Street Intersection

North Bound: PLEASE any families who live South of the school and are willing to lead our bus, please contact Sam Edwards (Room 3) for more information.

PLEASE COME AND JOIN US THIS FRIDAY for a healthy and fun way to get to school and reduce the number of cars driving to and from Como!

If any parents would like to get involved and volunteer a Friday morning for either the Southbound or Northbound Bus, please email Sam Edwards

samantha.edwards@education.wa.edu.au or come and see me in Room 3. Any help is greatly appreciated and you will be contributing to the amazing Como Community. **Sam Edwards** Year 5/6 Teacher



CROC ROCK 2017



When: Friday 17th February 2017
Where: School Oval
Time: 5:30 pm till late

Bring your picnic chairs and rugs and meet other Como PS families whilst being part of a fun night full of **dancing, sausage sizzles, hamburgers, lolly bags, popsicles & GLOW STICKS!!!**

Easy Tigers are a rocking band who will be singing our favourite hits to get all the kids and parents up for a dance! There will be an ongoing **raffle** and heaps of **prizes** up for grabs throughout the night. Raffle tickets will be selling for \$2 each or 3 for \$5.

Please note Croc Rock is an exclusive event for **Como PS families**. All children **MUST** be **accompanied** by an adult.


We are looking for local businesses to **donate prizes** for families to win on the night. If you can donate or help out at the event, please contact Kellie McGrath on 0419907429 or Emma Phillips on 0408316116.

Booking information

Tickets are available online by following the link <https://www.trybooking.com/258296>. or Complete your details on the order form below.

- Drop your completed form with the payment in an envelope into the **box at the front office** (do not give to the class teacher).
- Make sure you get your name ticked off on entry at Croc Rock to be in the chance to win the door prize (no tickets will be issued and sent home)
- All pre-paid families will go into the draw for a chance to win the door prize.
- **Exact money must be given for Croc Rock bookings. Any overpayment will be seen as an additional donation the P & C Committee.** Thank you



<p>Office use only</p> <p>Family Name</p> <p>_____</p> <p>Room No. _____</p> <p>Family contact Phone #</p> <p>_____</p>	<p style="text-align: center;">Croc Rock Ticket Order Form (please place in the box in the school office)</p> <p style="text-align: center;"></p> <p>I would like to order tickets for _____ Adults @ \$10.00 ea</p> <p style="padding-left: 350px;">_____ Children @ \$5.00 ea</p> <p style="padding-left: 350px;">_____ Family @ \$25.00 each</p> <p>Total Enclosed \$ _____</p> <p>Family Name _____</p> <p>Room No. _____</p> <p style="text-align: right;">Family contact Phone # _____</p>
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The Como P & C thanks the following firms for sponsoring Croc Rock



Como Primary School P & C Association AGM

The Como Primary School Parents and Citizens Annual General Meeting will be held on **Wednesday 22nd March**, starting 7:00pm **sharp** in the school staff room. All are invited and welcome to attend. The more people on board, the easier the work will be. We look forward to seeing you there!

Como Cookout News



Thank You to our recent volunteers – Tess Harris, Ingrid Meyer, Angela Paddick, Glenice King and Ina Buman. We

appreciate your time and efforts!

'HEALTHY FOODS' ART DESIGN COMPETITION

This term, the Canteen Committee will be planning and designing our new Winter Menu! We would love to feature some 'healthy foods' themed art. All children are welcome to enter up to 2 drawings, cartoons, or logo designs each. These can be hand drawn or created electronically, and do not need to include 'The Como Cookout' wording. Children can submit their creations (no larger than A4, with name/room number clearly written on the back) to the drop box at the Canteen, or electronically (como.cookout@gmail.com) - by Friday, 10th March. Winners will be selected by the Canteen Committee and announced on the 24th March. The next Canteen Committee meeting is on **Friday, 24th February at 1.30pm**. The focus of this will be the new Winter Menu for Term 2. All are welcome to attend! We welcome your queries, concerns or feedback. Emma Rose (Canteen Coordinator) ph. 0400 441 655

Como Cookout Canteen Roster

Friday 17 th February	
Window 8.15 - 9.00am	Renee Tapiata Helper needed
10.30am – 12.30am 11.30 – 1.00pm	Glenice King Magda Pienaar
Wednesday 22 nd February	
Window 8.15 - 9.00am	Tess Harris
10.30am – 12.30 am	Helper needed
Friday 24 th February	
Window 8.15 - 9.00am	Renee Tapiata Helper needed
10.30 – 12.30am 11.30 – 1.00pm	Glenice King Helper needed

Uniform Shop News

Roster

Friday 17th February am Heather, Steph S & Hana N	Monday 20th February pm Heather, Candice & Nat
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School Banking News

Getting involved in School Banking is easy! All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

- Online;** Visit commbank.com.au/schoolbanking and click on the link to open a Youthsaver account.
- In branch ;** Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate. If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet. Friday is School Banking day and I look forward to seeing you all tomorrow at 8.15 outside the uniform shop. *Lydia H*



Community Notice

At Yogazoo

Your child will learn:

- Breathing techniques to help them relax and de stress
- Increase flexibility, strength and improve coordination through movement and poses
- Mindfulness techniques to assist with stress and anxiety
- Boost self-confidence and self – esteem through fun and engaging yoga games
- How to improve sleep and how to RELAX
- These classes can also support children with ADD, ADHDM, Autism, obesity, anxiety, poor posture, asthma, allergies, digestive issues, back issues and so on.

YOGA BUGS (5-8 YEARS)

Saturdays - 2.30pm-3.30pm

YOGA BUTTERFLIES (9-12 YEARS)

Saturdays 3.30pm- 4.30pm

YOGA TEENS (12 –16 YEARS)

Saturdays 4.30-5.30pm

YOGA FOR ADULTS (Drop the kids off to school)

Tuesdays 9.15-10.15am

Wednesdays 6.45pm-8pm

Fridays 9.15-10.15am

Locations: Brentwood and Applecross halls

Bookings/Enquiries: Michelle yogazoo@iinet.net.au

FLETCHER PARK CARLISLE In2CRICKET CENTRE

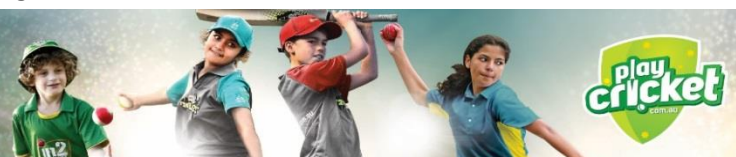
Friday Afternoons

February 17th to April 7th 4:30 – 5:30pm

For more details contact: Corey (M) 0419 938 669

OR register via the website below

KIDS CAN JOIN THE FUN AND
LEARN TO PLAY CRICKET
PLAYCRICKET.COM.AU



1-2-3 Magic and Emotion Coaching Parent Course.

To help manage difficult behaviour in children 2 to 12yrs.
7.00 to 9.30pm.

\$180pp or \$340 per couple

Tue 21st, 28th, Feb & 7th Mar

Protective Behaviours

\$65pp or \$120 per couple

Tue 28th Mar, 6.30 to 9.30pm.

Engaging Adolescents (11 to 16yo)

\$150pp or \$270 per couple

Thurs 2nd & 9th Mar, 6.45 – 9.30pm.

Parenting Information Session (Including 10 take home tips)

This 2 hr seminar is designed to improve your knowledge and confidence as a parent. In House only.

All courses available In House. Private Consultations Available.

To enquire/register call 9382 1182 or

www.behaviourtonics.com.au



Curtin University Hockey Club are seeking players from Year 5 -12 for both boys and girls junior teams. All grades and levels of experience are welcome.

Please visit cuhc.org.au for further information.

WES TALKS

WES talks is back in 2017 with another fantastic program of speakers.

Tickets \$5 including cheese and wine on arrival

DR JUDITH LOCKE

Clinical psychologist, former teacher and author of *The Bonsai Child*.

WEDNESDAY 15 FEBRUARY 7.00PM

for a 7.30pm start

Helping your teen become confident and capable at school.

SUITABLE FOR:

Parents and guardians of Middle and Senior School students.

Please note this WES Talk is for parents only.

MELINDA TANKARD REIST

Author, speaker, media commentator and blogger.

WEDNESDAY 31 MAY 7.00PM

for a 7.30pm start

The world of the 21st century adolescent: how can we address this over sexualised culture and raise happy, healthy and resilient children?

SUITABLE FOR:

Parents and guardians of Middle and Senior School students.

PAUL DILLON

Internationally renowned drugs and alcohol expert.

WEDNESDAY 20 SEPTEMBER 7.00PM

for a 7.30pm start

Teenagers, alcohol and other drugs: How much influence do parents really have?

SUITABLE FOR:

Parents and guardians of Middle and Senior School students.

MARTIN HEPPELL

Former AFL Footballer who now works with young people to develop positive mental healthy strategies.

TUESDAY 17 OCTOBER 7.00PM

for a 7.30pm start

Teaching resilience at home.

SUITABLE FOR:

Parents and guardians of Junior and Middle School students.

To book tickets please visit wesley.wa.edu.au/events



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By daring & by doing



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PARENTS' & FRIENDS' ASSOCIATION